

Nutrition Facts

180g e

Typical values	Per 100g
Energy (kJ)	1,129
Energy (kcal)	270
Fat (g)	16
Saturates (g)	7.8
Carbohydrate (g)	24
Total sugars (g)	2.2
Protein (g)	8.9
Salt (g)	0.76

Frozen, stored at -18°c Total Shelf Life: 12 months from production

Ingredients: Chicken Thigh Meat (23%), Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamine), Unsalted Butter (**Milk**), Onion, Water, Chicken Skin (7%), Potato, Breadcrumb (**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamine), Water, Salt, Yeast), Panko Breadcrumbs (**Wheat** Flour (Calcium Carbonate, Iron, Niacin, Folic Acid, Thiamine), Yeast, Sunflower Oil, Sugar, Salt, Lactic Acid, Ascorbic Acid), Apple Juice (Apple Juice From Concentrate (100%)), Salt, White Wine Vinegar 6% Acidity, Rapeseed Oil, Mango Chutney (Sugar, Mango Slices, Sugar Cane, Vinegar, Salt, Chili Powder, Ginger Powder, Garlic Powder, Turmeric Powder), Garlic, Liquid **Egg**, IQF Coriander, IQF Ginger Puree, Curry Powder (Curry Powder (Coriander, Fenugreek, Turmeric, Cayenne, Cumin, Black Pepper, Paprika), Rice Flour, Salt, Potato Starch, Whole Caraway Seed, Whole Fennel Seed, Garlic Powder, Onion Powder), Chicken Stock (Water, Chicken Carcass, Yeast Extract, Salt), Tomato Puree (Tomatoes), Honey, Ground White Pepper, Potato Starch, Dark **Soy** Sauce (Water, Salt, Colour (E150a), Sugar, **Soyabeans**, **Wheat**), Turmeric, Tikka Masala Curry Powder (Coriander, Paprika, Turmeric, Salt, Cumin, Chilli, Garlic, Cinnamon, Black Pepper, Cloves, Ginger, Star Aniseeds, Onion, Sunflower Oil, Fennel, Bay Leaves, Nutmeg, Green Cardamom), Black Onion Seeds, Parsley, Garam Masala (Coriander, Cinnamon, Cloves, Ginger, Star Anise, Cumin, Chilli, Fennel, Black Pepper, Bay Leaves, Sunflower Oil, Nutmeg, Cardamom), Ground Cumin.

Allergens
Contains: Eggs, Gluten, Milk, Soya.
Made in a factory which uses nuts.

May contain chicken bones.