

Gluten Free & Vegan Fruity Flapjack Traybake

Nutrition Facts

Typical values	Per 100g
Energy (kJ)	1,705
Energy (kcal)	407
Fat (g)	17.5
Saturates (g)	6.1
Carbohydrate (g)	52.9
Total sugars (g)	35.9
Protein (g)	5.4
Salt (g)	0.39

Gluten free & Vegan, BRCGS Gluten free certified

Ingredients: Gluten Free **OATS** (28%), Golden Syrup (Invert Sugar Syrup), Margarine (Vegetable Oil (Palm, Rapeseed) Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Demerara Sugar, Chopped Apricots (8%) (Apricots, Sunflower Oil), Chopped Cranberries (5%) (Sugar, Cranberries, Sunflower Oil), Sultanas (5%) (Sultanas, Sunflower Oil), Pumpkin Seeds (2%), Chia Seeds (2%), Sunflower Seeds (1%)

Allergens:

Contains: Gluten Free OATS

May Contain traces of: Nuts, Egg, Soya & Milk